

- b. Group activity \_\_\_\_\_
- c. Giving a talk \_\_\_\_\_
- 4. Read the gospels of Matthew and Mark in any translation. Commit to memory any two of the following:
  - a. Beatitude Matthew 3:3-12 \_\_\_\_\_
  - b. Lord's Prayer Matthew 6:9-13 \_\_\_\_\_
  - c. Christ's Return Matthew 24:4-7, 11-14 \_\_\_\_\_
  - d. Gospel Commission Matthew 28:18-20 \_\_\_\_\_

**Advanced**

- 1. Read about Ellen White's first vision and discuss how God uses prophets to present His message to the church.  \_\_\_\_\_
- 2. Complete the crossword puzzle on the first vision of Ellen White.  \_\_\_\_\_

**Serving Others**

- 1. By consultation with your leader, work out ways to spend at least two hours in your community demonstrating in a consistent manner, real companionship to someone else.  \_\_\_\_\_
- 2. Spend at least a half day participating in a project that will benefit the community or your church.  \_\_\_\_\_

**Advanced**

- 1. Participate in an outreach activity, and bring a non-SDA friend to participate or observe.  \_\_\_\_\_

**Friendship Development**

- 1. Discuss the principle and demonstrate the meaning of respect for people of different cultures and gender.  \_\_\_\_\_

**Advanced**

- 1. Discuss and demonstrate respect for your parents/guardian and what they provide for you.  \_\_\_\_\_

**Health and Fitness**

- 1. Memorize and explain 1 Corinthians 9:24-27.  \_\_\_\_\_
- 2. Discuss with your leader physical fitness and regular exercise as they relate to healthful living.  \_\_\_\_\_

- 3. Learn about the detrimental effects of smoking on health and fitness, and write your own pledge of commitment to abstaining from the use of tobacco.  \_\_\_\_\_
- 4. Complete the Advanced Beginner's Swimming Honor.  \_\_\_\_\_

**Advanced**

- 1. HIV/AIDS curriculum  \_\_\_\_\_
- 2. Attend a Five Day Plan, **or** view two films on health, **or** make a poster on smoking or drug abuse, **or** help prepare a display on tobacco for a show, etc.  \_\_\_\_\_

**Organization and Leadership Development**

- 1. Plan and lead a devotional service for your group.  \_\_\_\_\_
- 2. Help your Unit or Club plan a special activity such as a party, hike, or overnight campout.  \_\_\_\_\_

**Advanced**

- 1. Participate in a special club event such as an Investiture, open house, induction, or Pathfinder Sabbath and then evaluate the event to determine how it can be improved.  \_\_\_\_\_

**Nature Study**

- 1. Participate in nature games OR participate in a one hour nature walk.  \_\_\_\_\_
- 2. Complete one of the following honors: Amphibians, Birds, Livestock, Poultry, Reptiles, Shells, Trees, or Shrubs.  \_\_\_\_\_
- 3. Review the study of creation, and keep a seven day outdoor log of your personal observations from nature in which each day focuses on those parts that were created on that day.  \_\_\_\_\_

**Advanced**

- 1. Identify and describe twelve birds in the wild and twelve native trees.  \_\_\_\_\_

**Outdoor Life**

- 1. Find the eight general directions without the aid of a compass.
- 2. Participate in a two night campout. Know at least 6 points relative to the selection of a campsite.
- 3. Learn or review the Friend knots. Tie and know the practical use of the following knots: Sheet Bend, Sheepshank, Fisherman's Knot, Timber Hitch, Taut Line Hitch. Learn 3 basic lashings.
- 4. Pass a test in Companion first aid.

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**Advanced**

- 1. Build five different fires and describe their uses. Discuss the safety rules in lighting fires, or hike 8 kms and keep a log.
- 2. Cook a camp meal without utensils.
- 3. Prepare a knot board with at least fifteen different knots.

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**Lifestyle Enrichment**

- 1. Complete one Honor in Arts and Crafts not previously earned.

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**Advanced**

- 1. Complete one Honor in Household Arts, Health & Science, Vocational, or Outdoor Industries not previously earned.

\_\_\_\_\_

Date Course completed

Counselor

Signed

Director

Signed

Pathfinder's Name \_\_\_\_\_

CHURCH \_\_\_\_\_

2014

**Companion**

Date Completed

**General**

- 1. Be 11 years old and/or in grade 6 or its equivalent.
- 2. Be an active member of the Pathfinder Club.
- 3. Learn or review the meaning of the Pathfinder Pledge and illustrate its meaning in an interesting way.
- 4. Read the book *The Happy Path* or similar book on the Pledge and Law if not previously read.
- 5. Have a current Book Club Certificate and write at least a paragraph of review on one book of your choice.

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**Advanced**

- 1. Know the composition and proper use of your National Flag.

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**Spiritual Discovery**

- 1. Memorize the New Testament books and know the four areas into which the books are grouped. Demonstrate your ability to find any given book.
- 2. Hold a current memory gem certificate.
- 3. Choose in consultation with your leader, one of the following areas:
  - a. One of Christ's Parables \_\_\_\_\_
  - b. One of Christ's Miracles \_\_\_\_\_
  - c. Sermon on the Mount \_\_\_\_\_
  - d. Second Advent Sermon \_\_\_\_\_
 and show your knowledge of what Christ taught in one of the following ways:
  - a. Discussion with the leader \_\_\_\_\_

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